

What Is Most Important In Your Life

Work is more than just a way to earn money, important as that may be. It's also a way to achieve personal satisfaction and happiness. Unfortunately, too many Australians don't enjoy the work they do, which is sad considering how much of our lives is spent working. Often, people are unhappy with their jobs because they didn't take the time to understand what is significant in their lives and then choose work that would have meaning for them.

Your selection of a career must reflect what you consider to be important and worth doing. If you do not value the work you do, no other incentive can compensate for your lost

sense of importance. Simply put, your chosen career needs to fit your personality just as your shoes fit your feet. But how can you determine the type of work that will best suit you? First, take a look at what you have done in the past that you cherish and enjoy. Then, think about what you might like to do in the future and what activities would be important to you.

The following is a list of qualities that are significant in people's jobs. Go through the list and check off your top five preferences. Those are the priorities that you should keep in mind when you start planning your career



Rank the job qualities you have chosen on the left. Then offer an example of how you can foster that quality.

First

Second

Third

Fourth

Fifth

How Much Do You Enjoy?

- Variety** ~ Performing different activities.
- Teamwork** ~ Working with others.
- Recognition** ~ Being known and recognised by others.
- Independence** ~ Doing things by myself.
- Creativity** ~ Thinking up a new idea; using my imagination.
- Making money** ~ Having a high income.
- Autonomy** ~ Controlling my own activities.
- Aesthetics** ~ Appreciating beauty.
- Leadership** ~ Influencing others.
- Productivity** ~ Doing useful work or making a useful product
- Structure** ~ Working in a routine with predictable tasks.
- Adventure** ~ Experiencing exciting and new things.
- Service** ~ Working to help others.
- Security** ~ Having a stable position.
- Challenge** ~ Taking risks

Finding a job that you enjoy will set you up for a long and rewarding career. Do what you love and love what you do.